

# Create your First Form

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## In this Article

### Related Articles

Doing something the long way is so fulfilling! You get to learn a lot along the way and feel good about accomplishing a task. But sometimes you just don't have the time for it — and that's okay! FormAssembly has ways to help you speed up your form building process.

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## Read our Best Practices documentation

We recommend reading through our [Best Practices in Form Building document](#) to learn more about our recommended practices when building your forms.

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## Create your first form from scratch

Before you click **New Form** to get started, you can watch our Formdational series of classes to learn how to best use our form builder. You can view our [Classes and Webinars](#) help document to watch the recordings from any of our previous classes. We recommend starting with FormAssembly 101!

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## Check out our Template Library

We have many forms that have field validations and integrations set up already. They are just waiting for you to make a few changes! [Learn more about our Template Library here.](#)

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## Import your form directly from Salesforce

Quick and easy. FormAssembly builds the first draft of your form and connector after you select which objects and fields you need on your form. Just style your form and test! [Learn more.](#)

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## Form Building Shortcuts

## Predefined Content

We've already done some work for you! In **Add Content > More**, you'll find commonly used groups of fields like addresses, payment details, or contact information. [Here's more about it!](#) If you're on one of our Cloud level plans, you can [check out this help document](#) to learn how to add Predefined Content to your FormAssembly instance.

## Clone an Existing Form

Need a form similar to one you already have? Copying a form easy and it only takes a second. [Need more details? Here they are!](#)

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